

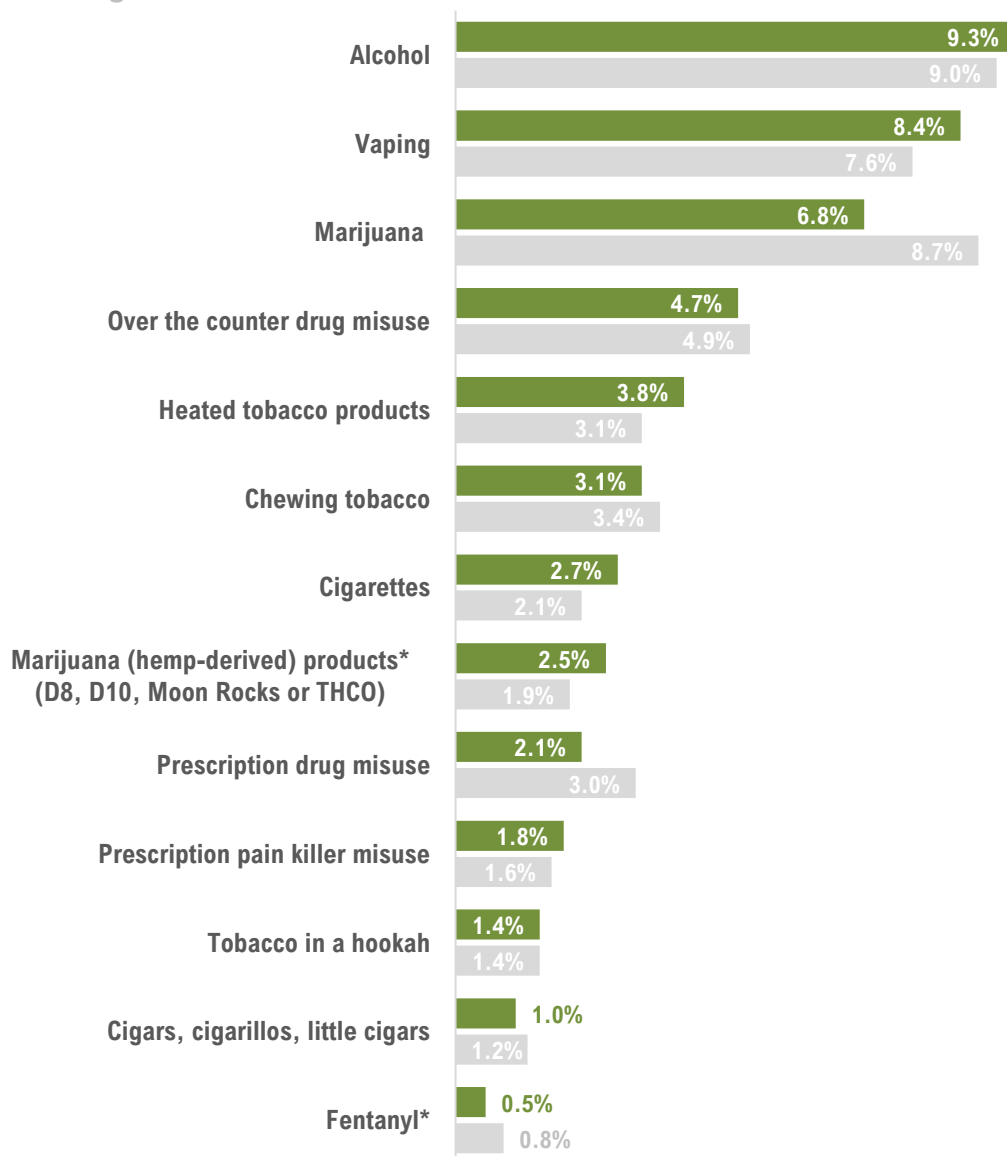


CLARK COUNTY  
WASHINGTON  
PUBLIC HEALTH

## In Rural Washington, 2023 10th grade substance use rates were similar to 2021 rates and 2023 Non-Rural WA rates – with a few exceptions.

- There were **increases** in past 30-day chewing tobacco use and past 30-day over-the-counter drug misuse from 2021 to 2023 among Rural 10th graders.
- There were **decreases** in past 30-day marijuana use and past 30-day vapor product use from 2021 to 2023 among Rural 10th graders.
- Past 30-day marijuana use was **lower** among Rural 10th graders compared to Non-Rural 10th graders in 2023.

## In 2023, alcohol, vapor products, and marijuana were the most common substances used in the past 30 days among 10th graders in Rural Washington and Non-Rural Washington.



\*New HYS question in 2023

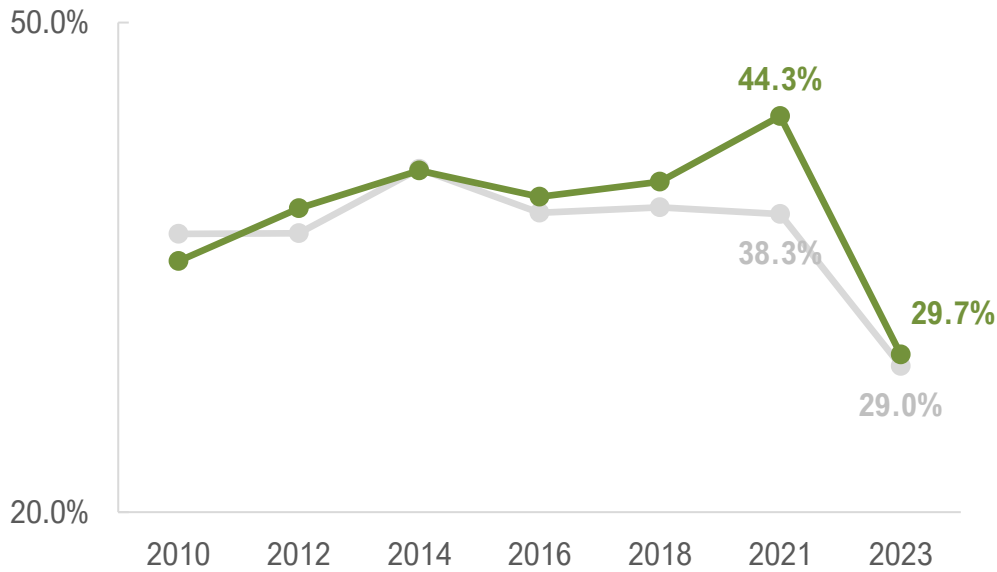
Data source: 2023 Washington Healthy Youth Survey

Rural Washington was defined as school districts that lie within “Small Town/Rural” zip code areas which are designated using the US Census tract based Rural Urban Commuter Area (RUCA) codes.

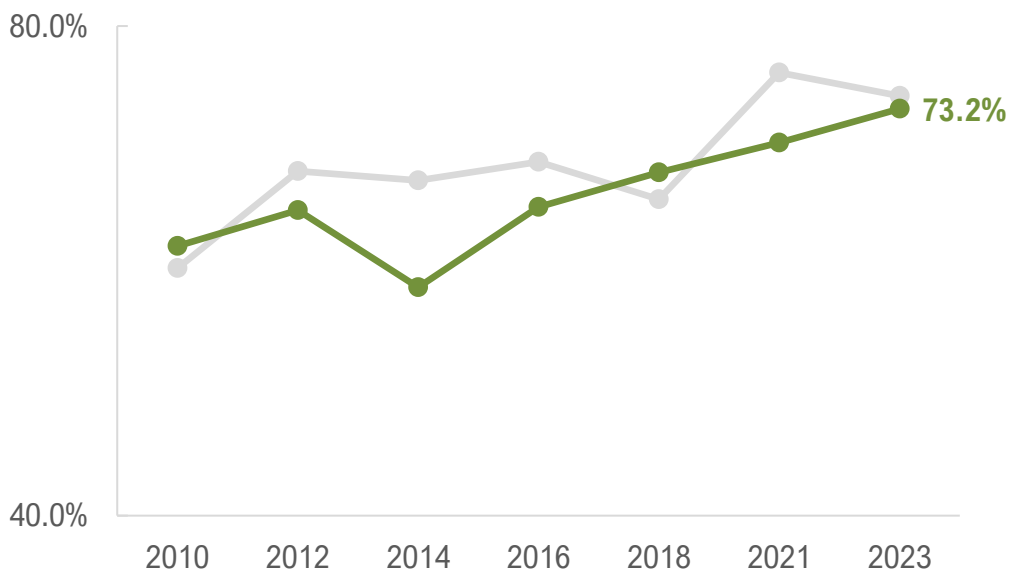


## Some risk factors for drug and alcohol use are headed in the right direction.

Favorable attitudes towards drug and alcohol use decreased significantly from 2021 to 2023 among Rural and Non-Rural Washington 10th graders.



An increasing percentage of 10th graders are at LOW RISK for poor family management in Rural and Non-Rural Washington.



Data source: 2010 - 2023 Washington State Healthy Youth Survey  
Rural Washington was defined as school districts that lie within "Small Town/Rural" zip code areas which are designated using the US Census tract based Rural Urban Commuter Area (RUCA) codes.

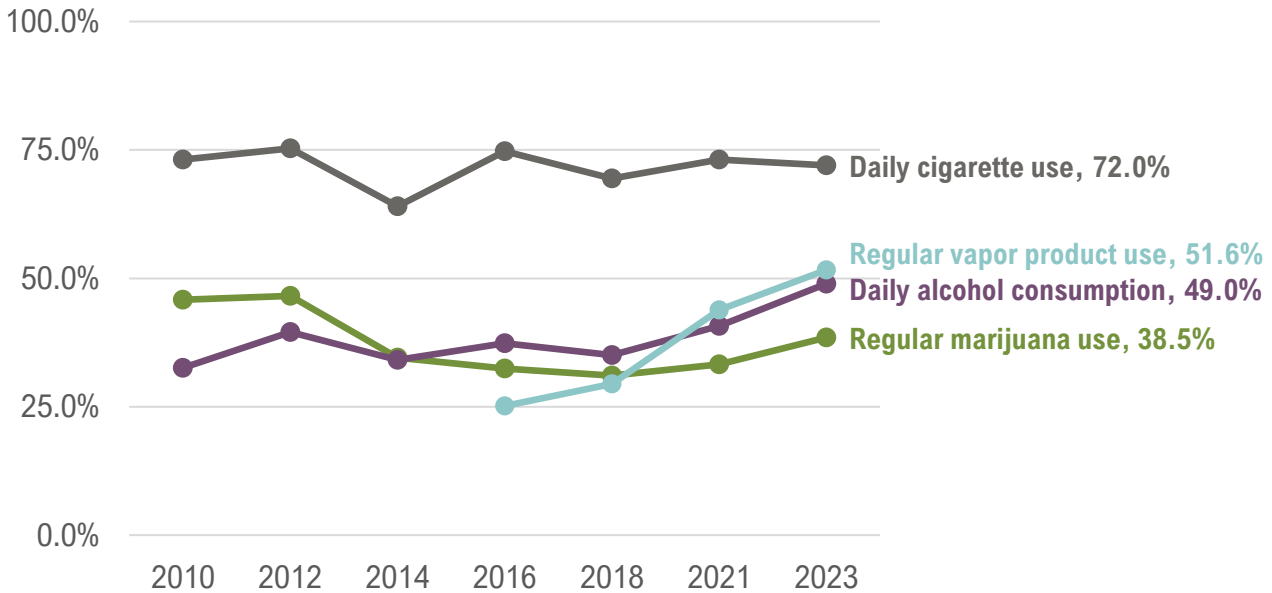


CLARK COUNTY  
WASHINGTON  
PUBLIC HEALTH

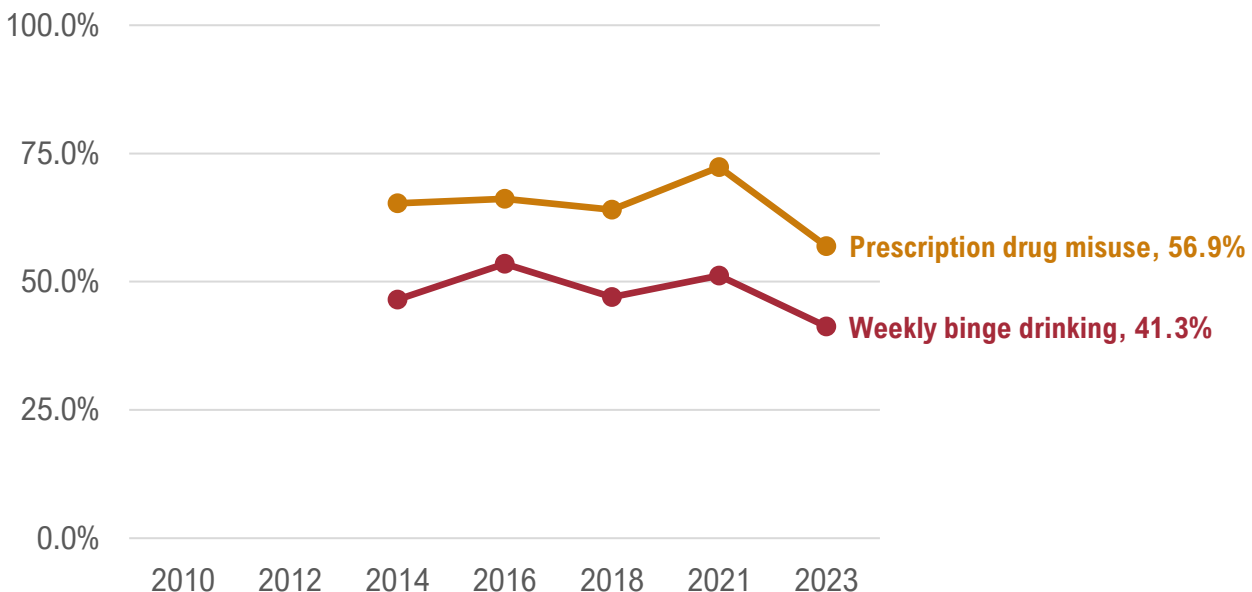
## Perception of great risk of harm from alcohol, vapor product, and marijuana use increased in Rural Washington.

However, perception of great risk of harm from prescription drug misuse and binge drinking decreased.

Among 10th graders in Rural Washington, perception of great risk of harm from **marijuana**, **alcohol**, and **vapor product** use increased from 2021 - 2023.



Among 10th graders in Rural Washington, perception of great risk of harm from **prescription drug misuse** and **weekly binge drinking** decreased from 2021 - 2023.

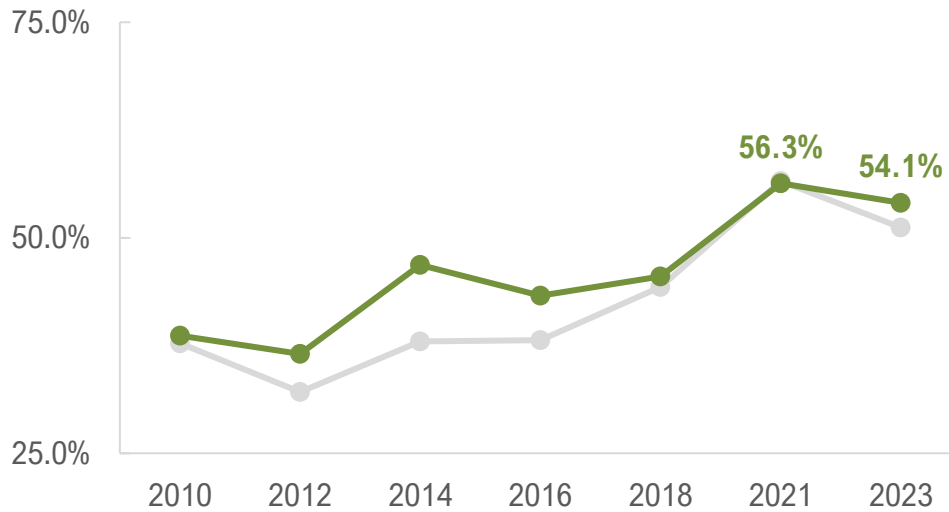


Data source: 2010-2023 Washington State Healthy Youth Survey

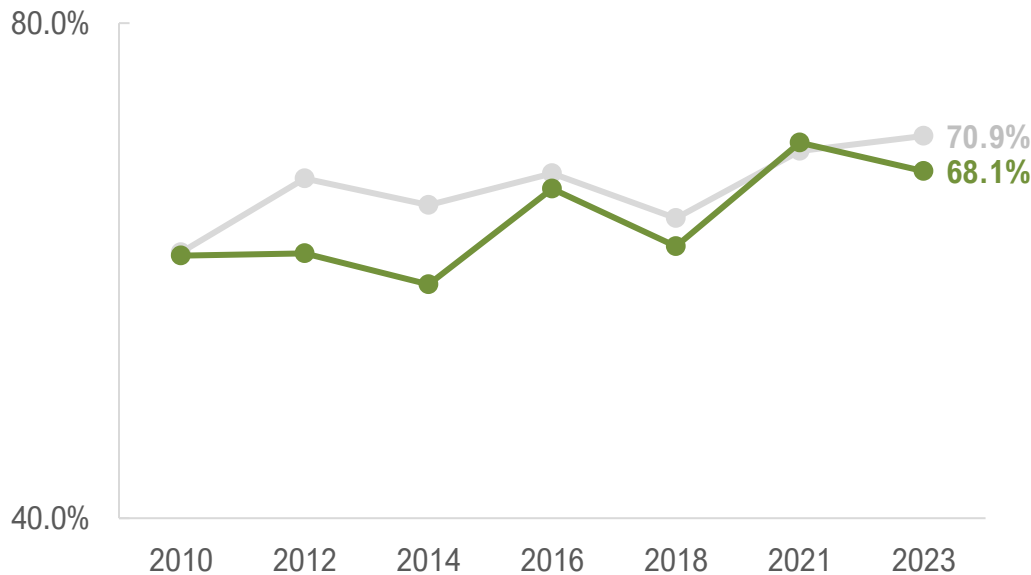


## More 10th graders are reporting a low commitment to school, yet also reporting more opportunities for involvement at school.

An increasing percentage of 10th graders in Rural and Non-Rural Washington are reporting a low commitment to school



Over two thirds of 10th graders reported having many opportunities for prosocial involvement at school in Rural and Non-Rural Washington.



Data source: 2010 - 2023 Washington State Healthy Youth Survey

Rural Washington was defined as school districts that lie within "Small Town/Rural" zip code areas which are designated using the US Census tract based Rural Urban Commuter Area (RUCA) codes.

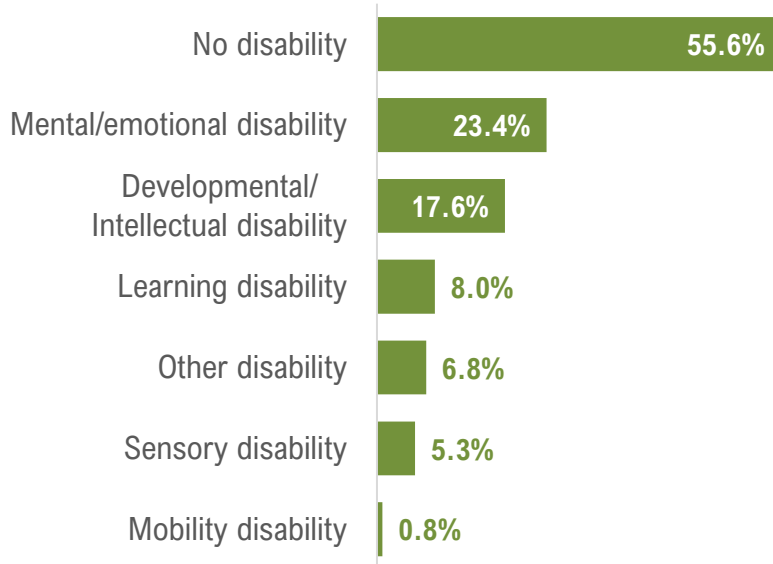


CLARK COUNTY  
WASHINGTON  
PUBLIC HEALTH

## Rural Washington students with disabilities reported higher rates of past 30-day drug and/or alcohol use.

New questions about disability were added to the Healthy Youth Survey in 2023. Below are the new questions and how students responded.

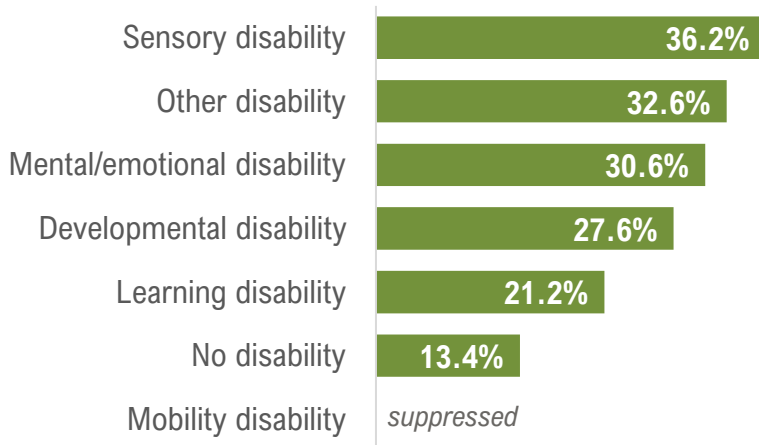
### Self-reported disability among 10th graders in Rural Washington



Do you have any of these conditions: Check all that you have.

- 1. Developmental or intellectual disability** (down syndrome, autism, ADHD, or other things like that)
- 2. Learning disability** (dyslexia, dyscalculia, or other things like that)
- 3. Mental health condition** (depression, anxiety, bipolar, schizophrenia, or other things like that)
- 4. Mobility disability** (use a wheelchair, walker, cane, prosthetic, or other things like that.)
- 5. Sensory disability** (blindness, low-vision, deaf, hard-of-hearing, DeafBlind, or other things like that)
- 6. Other health condition** (HIV/AIDS, cancer, diabetes, epilepsy, or other things like that)
- 7. None**

### Past 30 day alcohol, marijuana, cigarette OR vapor product use among Rural Washington 10th graders by disability



Data source: 2023 Washington State Healthy Youth Survey

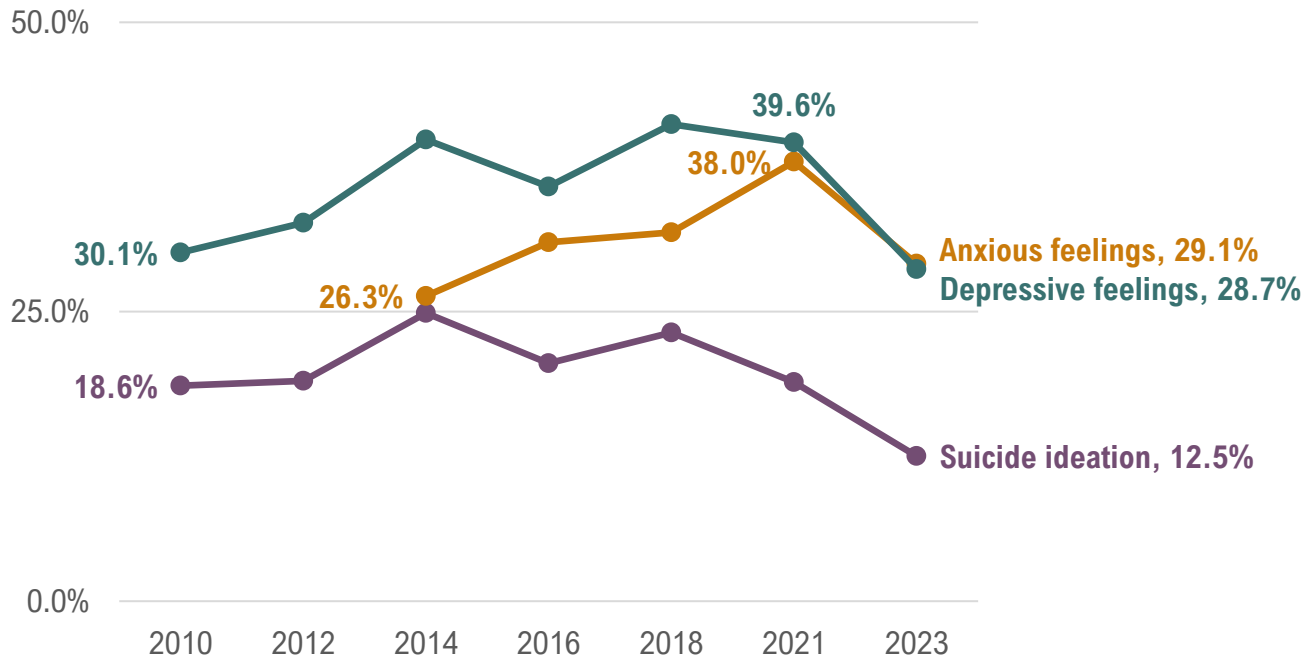
Rural Washington was defined as school districts that lie within "Small Town/Rural" zip code areas which are designated using the US Census tract based Rural Urban Commuter Area (RUCA) codes.



CLARK COUNTY  
WASHINGTON  
PUBLIC HEALTH

## Indicators of poor mental health decreased significantly from 2021 to 2023 among Rural Washington 10th graders.

Among Rural Washington 10th graders, feelings of **anxiety**, **depression**, and **suicide ideation** decreased from 2021 to 2023 after having been stable or increasing for the past decade.



Data source: 2010-2023 Washington State Healthy Youth Survey

Rural Washington was defined as school districts that lie within "Small Town/Rural" zip code areas which are designated using the US Census tract based Rural Urban Commuter Area (RUCA) codes.