

DIB U MAALGELINTA BARNAAMIJKA KA-HORTAGA IYO DAAWEYNTA TUBAAKADA GANACSIGA OO DHAMEYSTIRAN WAA MID U MUHIIM AH CAAFIMAADKA DADYOWGA REER WASHINGTON

104,000 oo ah dhalinyarada WA ayaa ugu dhiman doonaan si waqtigooda ka horeysa sigaar-cabida

27% dhimashada kansarka sabab ah sigaar-cabida

\$3.2 Bilyan oo ah kharashka ugu kacaaya goboka daryeelka caafimaadka

Soo celinta barnaamij dhamaystiran waxeey lama huraan u tahay:

- adeegyada ka-hortaga cadeynta ku saleysan oona diirada saaraya sinaanta, waxbarashada, iyo daweynta ee dhammaan bulshooyinka.
- si loo yareeyo farqiga la og yahay ee ka dhex jira dadyowga ee ay bartilmaameedsanayaan warshadaha tubaakada iyo kuwa sida nidaamsan u liita.
- si aan uga ilaalino caruurteena, dhalinyaradeena, iyo da'yarta qaangaarka ah suuq-geynta sigaarka elektaroonigga ah ee baahsan ee warshada taasoo sii hurisa faafitaanka sigaar-cabida elektarooniga ah, gaar ahaan gudaha dhalinyarada midabka leh iyo dhalinyarada LGBTQ.

Laga soo bilaabo 2000 - 2009, marka ay WA ku maalgelisay ~\$23.6 milyan sannadkiiba:



Heerarka sigaar-cabida ee dhalinyarada iyo dadka waaweyn

5:1 ROI

badbaadinada kharashaadka daryeelka caafimaadka

Barnaamijyada looga hortagayo inay dhallin-yarada isticmaalaan aalabada sigaarka elektarooniga ah, yareeyaan kala duwanaanshaha sigaar-cabida, iyo u bixinta adeegyada joojinta si loo wada siman ma guulaysan karaan la'aanta maal-gelin joogto ah.

Filnaan la'aanshaha maalgelinta gobolka laga bilaabo 2009 illaa 2022 waxay burburisay barnaamij gobol oo guulaystay oo dhammaystiran.

Taageerada gobolka ee la cusboonaysiiyay waxay dib u soo celinaysaa awoodeena ku aadan:

- in la xaliyo sinaan la'aanta la og yahay ee ka jirta bulshooyinka culayska badan uu saaran yahay,
- ka jawaab celinta horu-socodsiiinta sigaarka elektaroonigga ah ee warshadaha, iyo
- ku joogteynta barnaamijyada wax ku ool ah oo ay la socdaan shaqaale khibrad leh gudaha bulsho kasta.

Si buuxda u maalgelinta barnaamijka ka-hortagga iyo daawaynta tubaakada ganacsiga ee Washington waa maal-gelin wakhti dheer ah oo ku aadan mustaqbalka caafimaadka iyo dhaqaalaha gobolkeena.

American Cancer Society Cancer Action Network
 American Heart Association
 American Lung Association
 Asian Pacific Islander Coalition Advocating Together for Health

[Ilaha Xogta: washingtonbreathes.org/sources-reinvesting](http://washingtonbreathes.org/sources-reinvesting)



\$ Gobolka ee ku aadan Habka Dhameystiran

	2000-2009	Maanta
Barnaamijyada Ka Dhex-jira Bulshooyinka	✓	↓
Barnaamijyada Ka Dhex-jira Dugsiyada	✓	✗
Taageerada Joojinta	✓	↓
Wacyigelinta Dadweynaha & Waxbarashada	✓	↓
Ka-hortagida Helitaanka Dhalinyarada: Waxbarashada & U Hogaansanaanta	✓	↓
Qiimeynta & Qiimaynta	✓	✗

Association of Washington School Principals
 Association of Washington Student Leaders
 Blue Zones Project Walla Walla Valley
 B-THAT Community Coalition
 Campaign for Tobacco-Free Kids

Saxiixayaashu waxay ka sii socdaan bogga xiga.

Chelan-Douglas TOGETHER! for Youth
Children's Alliance
Foundation for Healthy Generations
Fred Hutchinson Cancer Center
Grant County Health District
Greater Spokane Substance Abuse Council
Influence the Choice
Joyce L. Sobel Family Resource Center
Kaiser Permanente
Degmada King
Kitsap Public Health District
Lopez Island Family Resource Center
MultiCare Health System
Neighborhood House
Okanogan County Community Coalition
Parents Against Vaping e-cigarettes
Planned Parenthood Alliance Advocates
Prevent Coalition
Public Health Roundtable
Rock Solid Youth Prevention Team
San Juan Island Prevention Coalition

Sedro Woolley RISE Coalition
Tacoma-Pierce County Health Department
Thurston County Public Health & Social
Services
Tumwater HOPES Community Coalition
Virginia Mason Franciscan Health
WASAVP - Washington Association for
Substance Misuse and Violence Prevention
Washington Chapter of the American
Academy of Pediatrics
Washington Education Association
Washington State Public Health Association
Washington State School Directors'
Association
Whatcom County Health and Community
Services

Saxiixayaasha bayaanka laga soo bilaabo 3/7/2023.

Saxiixayaasha Shakhsi ahaaneed *Jeegada iyo xidhiidhka kala dhexeeya ayaa kaliya loo qoray sabab ujeedooyin aqoonsi oo kaliya ah.*

Alma Chacon, Agaasimaha fulinta, CAFE: Community for the Advancement of Family Education
Tammy Dee, La-taliyaha Anshaxa ee Dugsiga, Cascadia Youth Mental Health PLLC
Jennifer Gosar, Xirfadlaha Ka Hortagga Isticmaalka Maandooriyaha ee Dhallinyarada
Alison Graham, Isku-dubaridaha Isbahaysiga
Mike Graham-Squire, Xirfadlaha Ka-hortagga
Wendy Habek, Fulinta Suuqgeynta
Kayla Isaacson, Isku-duwaha Ka Hortagga Isticmaalka Tubaakada Ganacsiga ee Dhallinyarada, Grant County
Daynon Jackson, Isku-duwaha Barnaamijka U-doodista Dhallinyarada
Lauri Johnson, Isku-duwaha Isbahaysiga Bulshada
Ramona Leber, La taliyaha Ka hortagga, Leber & Co, Longview
Michala Milewski, Khabiirka Ka Hortagga
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Linda J Thompson, Agaasimaha Fulinta, Greater Spokane Substance Abuse Council (GSSAC) & Madaxweynaha, Washington Association of Substance Misuse and Violence Prevention (WASAVP)
Alexandra Vargas, Baraha Caafimaadka Bulshada
Megan Watson, Isku-duwaha Isbahaysiga, Moses Lake Community Coalition
Randy Webb, LMHC, LPC, khabiirka tababarka farsamo, macalinka sare ee Habka Korriin-ahaan Xog Ogaal Loo yahay, Bayooloji-ahaana Ixtiraam leh Si Loola Shaqeeyo Carruurta Khatarta Ku Jirta gudaha Daryeel-siinta, tababaraha dabiibida EMDR, WA Dept. of Health, Div. Disease Control and Health Statistics
Liz Wilhelm, Madaxweynaha, Prevention Specialist Certification Board of Washington

Washington Breathes waa isbahaysi gobolka oo dhan ka jira wuxuuna ka kooban yahay ururo iyo shakhsiyad ka shaqeenaya sidii loo tirtiri lahaa waxyeelada isticmaalka tubaakada ganacsiga.

Bayaanka siyaasaddan waxa lagu soo saaray iyadoo loo maraayo hab wada shaqayneed oo xubnahayaga iyo la-hawlgalayaasheena ah .

washingtonbreathes.org